

Emotion of the day

(Large)

This pack includes...

- Changeable display banner with space for different 'Emotion of the day' cards.
- Emotion of the day display cards for **happy, sad, excited, worried, angry, confused, scared, surprised**.
- Small A6 emotion cards to be placed around the setting as a reminder of the 'Emotion of the day'.

This display/activity is intended to help the child/children identify their emotions and the experiences that trigger those emotions.

At the start of the day, one emotion is to be highlighted and discussed with the children. The children are then encouraged to tell someone if they think they experience that emotion during the day. The aim is for the children to become more introspective of their emotions, and more perceptive of the emotions of others.

As a group activity the children have the chance to learn from their peer's experiences as well as their own.

Emotion
of the
day





Emotion
sign goes
here.



happy



sad



excited



worried



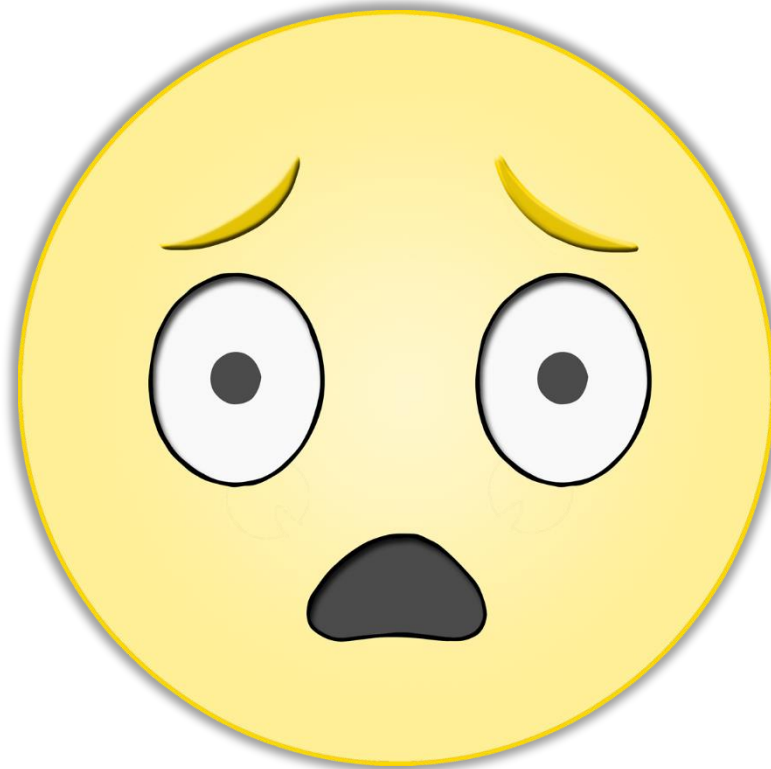
angry



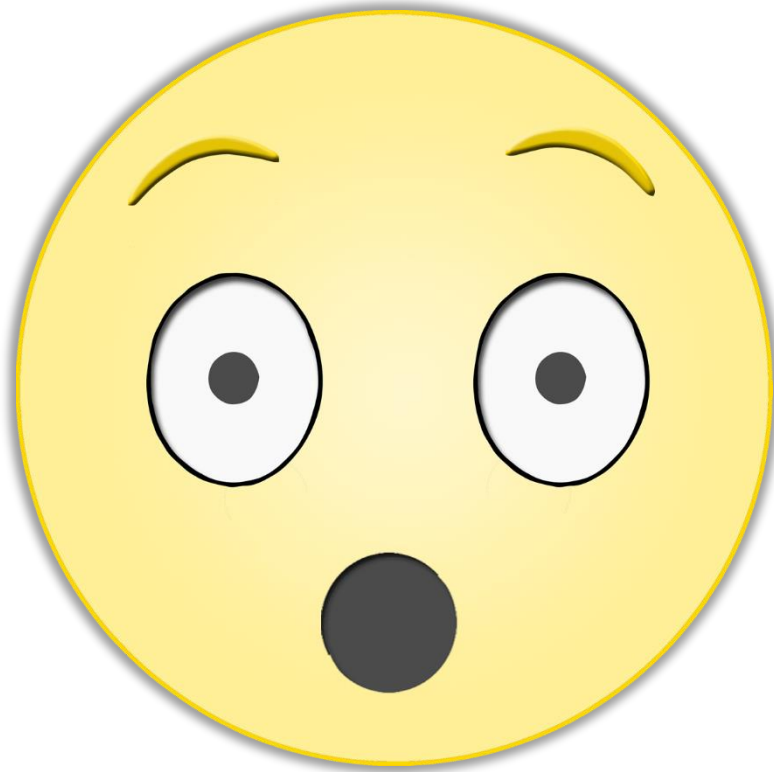
confused



scared



surprised



happy



© 2023 Little Owls Resources

sad



© 2023 Little Owls Resources

excited



© 2023 Little Owls Resources

worried



© 2023 Little Owls Resources

angry



© 2023 Little Owls Resources

confused



© 2023 Little Owls Resources

scared



© 2023 Little Owls Resources

surprised



© 2023 Little Owls Resources