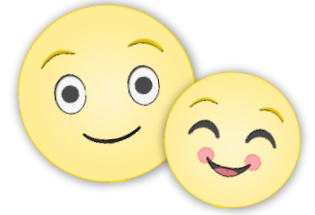


# Let's show...



# kindness

This poster contains ideas for showing kindness.

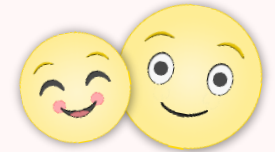
These ideas will hopefully spark more of your own and those of the children too!

We hope this helps!



# Let's show...

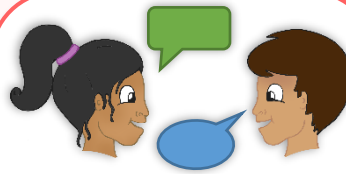
# kindness



Hug someone you care about.



Be a friend to someone who is sad.



Have a nice chat with someone.



Share your favourite book with a friend.

**Thank-you.**

Say thank-you.

I love your haircut!

Pay someone a compliment.

Open a door for someone.

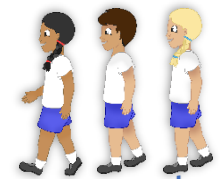


Smile.

**Thank-you!**



Send a thank-you note.



Let someone ahead of you in a line.

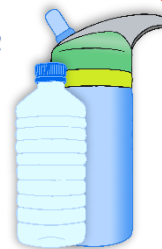
**Well done me!**

Say well done to yourself!

**Are you okay?**

Ask someone how they are doing.

Drink some water and encourage a friend to as well.



Pick up rubbish.

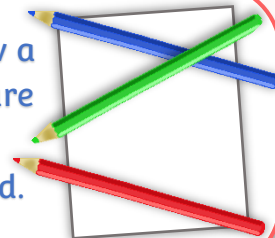
Take a walk with a friend.



**Please.**

Say please.

Draw a picture for a friend.



Tell someone you love that you love them!



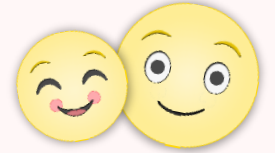
Be helpful to the adults that help you!



Write a letter or draw a picture for your grandparents.

Let's show...

kindness



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