

OUTDOOR PLAY – Movement

Prompt Cards

These prompt cards are to be used as visual inspiration for getting the children moving in the outdoor area!



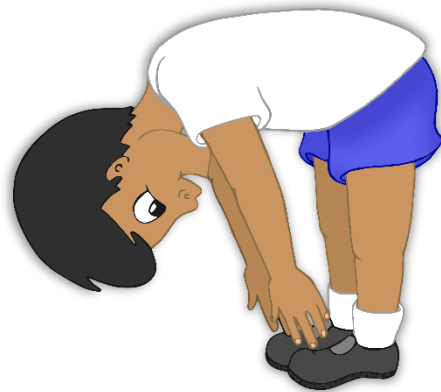
Can you...?

run



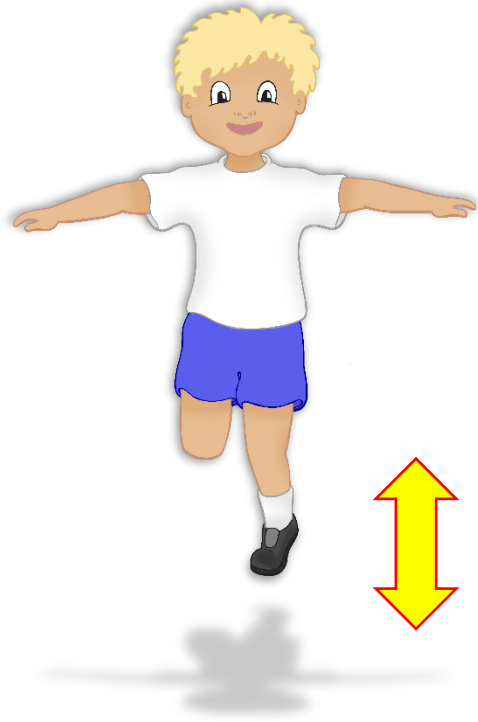
Can you...?

touch
your toes



Can you...?

hop on
one leg



Can you...?

kick a
ball



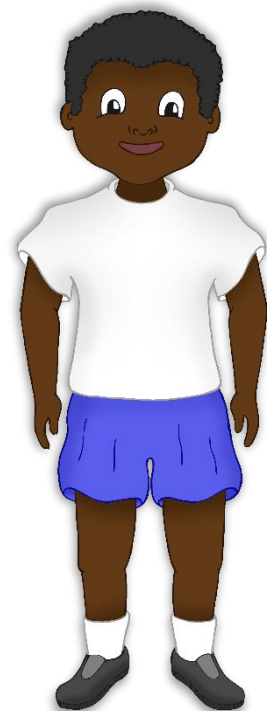
Can you...?

roll a
ball



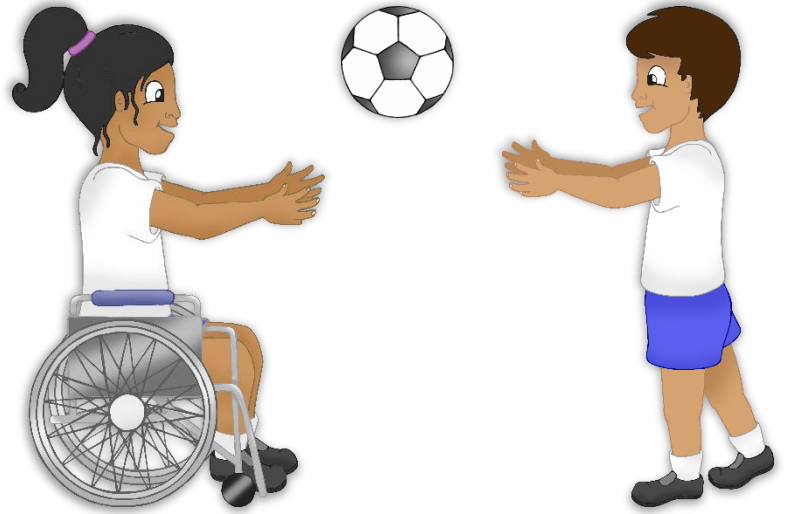
Can you...?

stand
very still



Can you...?

throw and
catch a ball



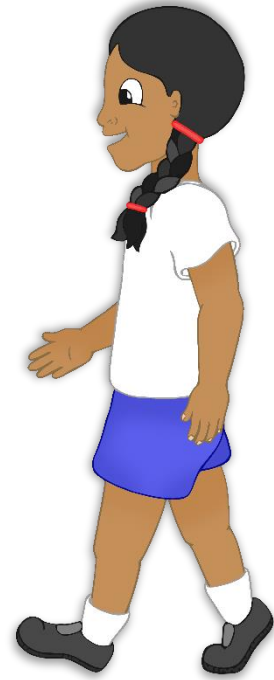
Can you...?

bounce a
ball



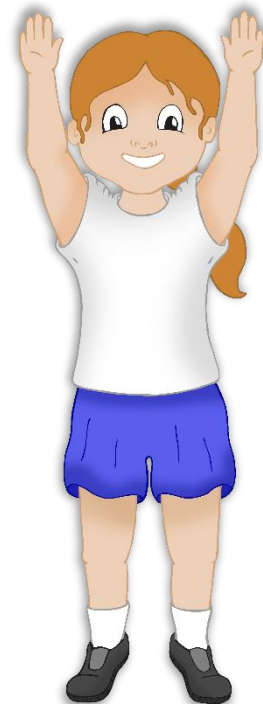
Can you...?

walk
slowly



Can you...?

stretch up on
your tiptoes



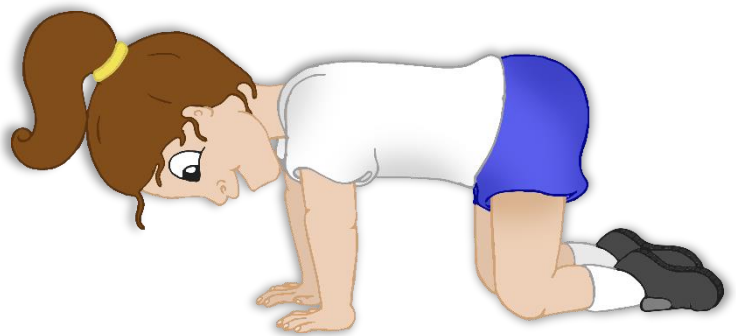
Can you...?

do a star
jump



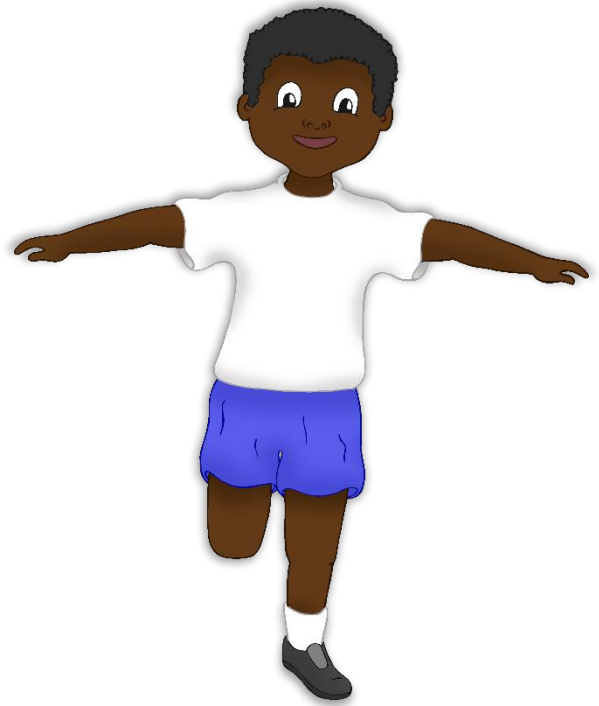
Can you...?

crawl



Can you...?

balance on
one leg



Can you...?

curl up in
a ball

