

Topic Plan Ideas – All About Me

This pack contains some activity ideas for the All About Me topic as well as some blank forms for you to note down your own ideas. Staring at a blank page when planning can be difficult so we hope that even if you don't end up using our exact suggestions, they will be a spark of inspiration for your own great ideas when planning for your children.

(The different sheets are outlined below so you can decide which sheets you need to print).

Ideas sheet (Colour) – p2

Ideas sheet (BW) – p3

Blank ideas headings sheet (Colour) – p4

Blank ideas headings sheet (BW) – p5

Completely blank ideas sheet (BW) – p6

Blank Prime Areas of Learning sheet (Colour) – p7

Blank Prime Areas of Learning sheet (BW) – p8

Blank Prime & Specific Areas of Learning sheet (Colour) – p9

Blank Prime & Specific Areas of Learning sheet (BW) – p10

We hope this helps!

Fine Motor

- Create own face using playdough on a large circle template.
- Practise letters within own name: in sand, foam, chalk on pavement, paint with water, pencils, crayons, paint, playdough, etc.

Number/Counting

- 'How many eyes, fingers, toes, etc do you have?'
- Recognise age number in environment (indoor/outdoor walk).
- Write age using different media.

Tuff Trays

- Make yourself using loose parts.
- Use playdough to make faces on blank head outlines.
- Bathing baby dolls.

Messy Play

- Fingerprinting using favourite colour(s) to fill the page or paint picture of yourself.
- Make prints of hand, feet, etc.

Shape/Pattern/Symmetry

- Make picture of face or body by sticking pre-cut 2D shapes to paper.
- Draw attention to symmetry of bodies; show 'hand and hand'.
- Draw body outline & add symmetrical items.
- Use half-image of a face – children to draw other half.

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Personal Opinions & Feelings

- Setting/Classroom 'Feelings Station'. Children to place name card under the emoji that shows how they are feeling.
- (See 'favourite' activities in other sections).

Measures

- Draw around hands/feet & measure length in non-standard units e.g. bricks.
- Compare heights and stand in a line in height order.

Health & Self-Care

- Discuss emotions e.g. 'When you feel worried/angry what makes you feel happy again?'
- 'What can you do for yourself now that you couldn't do when you were a baby?'

Nurturing Relationships

- 'Acts of Kindness' display. Add notes to the display to explain when someone is particularly kind.
- 'Thank-you for being kind' cards.
- Learn body parts in a different language.

Gross Motor

- Move different parts of your body in different ways e.g. 'rub your tummy'.
- 'How tall can you make yourself? How small?...How wide?... etc.

Investigation

- Who is the tallest?
- What is the most popular food, colour, weather, toy, animal in our group? Create a tally chart or pictogram.

Role-Play

- Your friend feels sad – what would you do to make them happy?
- Dentists.
- Doctors.

All About Me Ideas

Mark making

- Make marks about yourself e.g. 'This is me' drawing, handprint, writing own name, drawing/writing about favourite things.
- Encourage a mark-made recount of a family event.

Creativity/Art/Design

- Use art & craft materials and a generic 2D body shape template to create yourself.
- Junk modelling a 3D model of yourself/your home/your pet.

Relevant Books

- This is our house – Michael Rosen.
- Once there were giants – Martin Waddell.
- Owl babies – Martin Waddell.

Phonics/High Freq. Words

- Focus on HFWs relating to 'All About Me' e.g. Mum, Dad.
- Create a 'My favourite...' pictogram chart where options include phonemes currently working on.

Songs/Music/Poems

- Head, shoulders, knees & toes – learn in any different languages?
- 'My favourite sound' – talk about and then make marks to record.

Alphabet

- Focus on hearing the initial sounds in body parts e.g. 'l, l, leg' – refer to appropriate letter written on alphabet line display, cards, etc.

Mindfulness

- Draw yourself smiling.
- Think about something that is special to you at home. Draw a picture of it to remind you when you are not at home.

Colours

- Favourite colours – class/group pictogram display.
- Make a collage using materials of your favourite colour(s).

Science Experiments

- Food smelling/feeling/tasting – which ones do you like the best?
- What do your body parts do? Can you flip/roll your tongue?

Optional Home Learning

- When I was a baby vs now activity e.g. I used to eat..., now I eat... / I used to play with..., now I play with...
- Draw a picture of you with your family and label.

Vocab & Communication

- What is your favourite colour? What objects around you can you see of that colour?
- Favourite things circle time sessions e.g. toy, weather, food, animal, etc.

Food

- Use cardboard plate and art & craft materials to make a plate of your favourite food.
- Make different food types you like using playdough. 'Which are healthy?'

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Messy Play

Shape/Pattern/Symmetry

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Personal Opinions & Feelings

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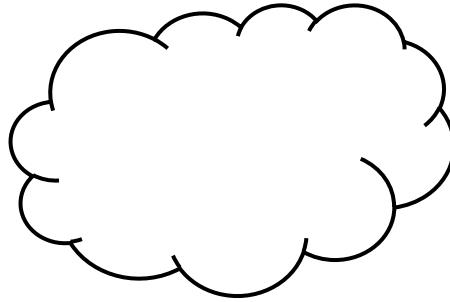
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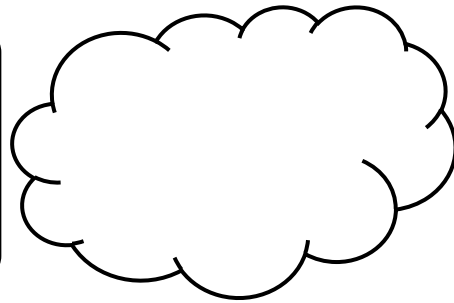
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Food



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All About Me



Communication and Language

Personal, Social and Emotional Development

Physical Development

All About Me

Communication and Language

Personal, Social and Emotional Development

Physical Development

Communication and Language

Personal, Social and Emotional Development

Physical Development



All About Me



Literacy

Mathematics

Expressive arts and design

Understanding the world

Communication and Language

Personal, Social and Emotional Development

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All About Me

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