Examples to support learning

Be open to children talking about differences and what they notice. For example, when children ask questions like: “Why do you wear a scarf around your head?” or “How come your hair feels different to mine?”

Encourage toddlers and young children to enjoy and explore the natural world. Suggestions:

• standing in the rain with wellies and umbrellas

• walking through tall grass

• splashing in puddles

• seeing the spring daffodils and cherry blossom

• looking for worms and minibeasts

• visiting the beach and exploring the sand, pebbles and paddling in the sea

Encourage children’s exploration, curiosity, appreciation, and respect for living things. Suggestions:

• sharing the fascination of a child who finds woodlice teeming under an old log

• modelling the careful handling of a worm and helping children return it to the dug-up soil

• carefully planting, watering, and looking after plants they have grown from seeds

Model positive attitudes about the differences be-tween people including differences in race and religion. Support children’s acceptance of difference. Have resources which include:

• positive images of people who are disabled

• books and play materials that reflect the diversity of life in modern Britain including racial and religious diversity

• materials which confront gender stereotypes.

Provide open-ended play materials inside and outdoors.

Suggestion:

• Treasure Baskets for repeated exploration of textures, sounds, smells, and tastes.

• Offer lots of different textures for exploration with fingers, feet, and whole body. Suggestions: wet and dry sand, water, paint, and playdough.

Point out the similarities between different families, as well as discussing differences.

Encourage babies’ explorations and movements, such as touching their fingers and toes. Show delight at their kicking and waving.

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Encourage children to bring natural materials into the setting, such as leaves, and conkers picked up from the pavement or park during autumn.

Understanding the World

Birth to three

A close-up of a hand

Description automatically generated with medium confidence

A yellow leaf with a black background

Description automatically generated with medium confidenceA picture containing silhouette, light

Description automatically generated

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